



Keepers and Strikers Camp

June 9-12, 2008, 9-3pm (noon on Thursday)
7th Day Adventist Church Fields
925 N.Cloverdale Road, Boise
Boys and girls, Ages 10 and up



Presented By Steve Adlard / Idaho Youth Soccer Academy Camps

This camp provides specialist coaching for keepers and strikers. Both groups will concentrate on the technical and tactical aspects of their positions. The two groups will come together at times in the day to develop their roles in small-sided game situations.

Keepers will work on good handling, footwork, diving, taking crosses, breakaways as well as the reading of the game and the approach from the goal to cut out through balls.

Strikers will work on different techniques of striking the ball on goal, including heading, 1 vs. 1 play, finishing from crosses, breakaway situations, decision making and accelerating the speed of play in the final third.

Both camps will incorporate mental attitudes necessary for success. Players will be divided into small groups based on age and experience. Where possible the ratio of players to coach will be 8:1.

Cost: \$200 Deposit: \$60 (balance due no later than the first day of camp)

Steve Adlard is the Director of Coaching for Idaho Youth Soccer. He is a goalkeeper who represented England at Youth, Schoolboy, Grammar Schools and University levels. He played with professional clubs, Lincoln City, Nottingham Forest and Reading. He coached college for 23 years since coming to the USA. He is an A Licensed coach and a NSCAA Goalkeeper Staff Instructor. At the camp he will be assisted by professional coaches who bring a wealth of experience to the players.

Goalkeeper camp _____ Striker camp _____

Last name: _____ First name: _____ D.O.B.: _____

Grade in school in fall 2008: _____

Address: _____ City: _____ State _____ Zip _____

Home Phone: ____ - ____ - ____ Club: _____ Height: ____ Weight: ____

Emergency Phone: ____ - ____ - ____ Physician: _____

T Shirt Size (circle 1) AS AM AL AXL

I hereby certify that the Steve Adlard/Idaho Youth Soccer Academy has full and unconditional authority to proceed with assessment and treatment as judgment indicates is for injuries during the camp. The camp and its attending trainer shall not be responsible for any consequences resulting from such injuries. I also hereby certify that the above listed camp participant is physically fit to participate in an active physical program, and know of no impairments which would in any manner limit his/her participation in the camp.

Parent/Guardian Signature

Return to: Steve Adlard/Idaho Youth Soccer Academy Make checks payable to:
2419 W. State Ste #2 Idaho Youth Soccer Academy
Boise, ID 83607

For more information call 208-336-5256 or e-mail steveadlard@idahoyouthsoccer.org